

Top-Up Shops & Food Banks in Ipswich

For top up shops £2:00 a bag. If you can't afford this, please contact them before your visit as they may be able to help

Monday	09:30am – 15:00pm	BME food Bank , 5 Coachman Court, Old Cattle Market, Ipswich, IP4 1DX
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Tuesday	09:30am – 10:15am	All Hallows Church , Landseer Road, IP3 0JH Telephone: 07475 739 521 or 07443 537 541
Tuesday	11:00 – 12:30	River Church , Key Street, Ipswich, IP4 1BZ (£2 for couple, £5 for 3 or more people)
Tuesday	4:00pm Free Meal	Burlington Baptist Church , London Road Ipswich, IP1 2EZ Telephone: 02077 292775 (from 16 th September 2025)

Wednesday	9:00am – 10:00am	St Mary Le Tower , Tower Street, IP1 3BE Telephone: 07514 875 482 or 07379 784 316
	09:30am – 10:30am	Triangle Church , Dickens Road, IP2 0JW Telephone: 01473 225882
	11:00am – 12:15pm	St Mary's & Botolph's Church , Whitton, IP1 6LT Telephone: 01473 747576
	13:30pm – 14:30pm	St Peter's Church , Stoke Park Drive, IP2 9TH Telephone: 01473 601750
	14:00pm – 15:00pm	St John's Church , Caudwell Hall Road, IP4 4QE Telephone: 01473 721 695
Wednesday	09:30am – 15:00pm	BME food Bank , 5 Coachman Court, Old Cattle Market, Ipswich, IP4 1D

Thursday	09:00am – 10:00am	St Matthew's Church , Portman Road, IP1 2PB Telephone: 01473 251 630
	13:30am-14:30pm- Shop Open 18:00 Free Meal (on 1 st Thursday of the month)	St Helen's Church (Safe Harbour) , St Helens Street, IP4 2LS Telephone: 07394 568 407 (From 11 th September 2025)
Thursday	10:30am	Gainsborough Community Library , Clapgate Lane IP3 ORL Telephone: 01473 588522 – Fruit & Veg Top- up Shop

Friday	12:00pm – 13:00pm	St Thomas the Apostle Church , Bramford Lane, IP1 5BS Telephone: 07429 325559 or 07957 579 680
Friday	09:30am – 15:00pm	BME food Bank , 5 Coachman Court, Old Cattle Market, Ipswich, IP4 1DX

Saturday	No shops open today	
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Sunday	12:00pm – 13:00pm	St Mary at Stoke Church , Belstead Road, IP2 9BX Telephone: 01473 603229 or 07800 909 768
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www.toogoodtogo.com download the app: **Too Good To Go** is the app that lets you rescue unsold food from an untimely fate.

www.olioapp.com Download the app: **Olio** is the app that lets you pass on what you no longer need to other people nearby